

APPEX Workshops

Workshop Activities

APPEX is a six-week full-time residency. For five days a week, musicians and artists engage in all-day workshops and explore ideas for collaborative projects in classrooms and studios. Activities are structured as a series of interconnected components to progress over the course of the residency.

Individual Presentations

- *Oral and video presentations.* During the first week, all fellows introduce themselves to one another by describing and demonstrating their own work and explaining the dynamics of cultural and professional circumstances.
- *Master classes.* In week 2 and 3, each fellow teaches an hour-long workshop to the group. These workshops could be a class or lecture-demonstration, showing a technical aspect of their art form or a more open-ended approach to “creation”. The content of these sessions range from meditation practices, music lessons and improvisation, dance movement with modern as well as traditional origins, vocal exercises, and techniques in theater.

Experimentation

- *Group projects and improvisations.* Large blocks of time in the studios are devoted to creative experimentation and exploration. Fellows discuss and vote for ideas to be developed into collaborative projects. Subsequently, smaller groups are formed to work on “studies,” for which they are to devise, develop, and stage performance projects.

Public presentations.

- Showcase performances are organized to present new and traditional work by APPEX artists at the mid-point of the residency. Collaborative projects developed during the APPEX residency are presented in informal salon showings during the final week.

Reflections and reviews

- *Informal writings.* All participants are to submit informal writings in the forms of letters or journals before, during, and after the residency. These writings record the expectations, reaction and assessment of the program on an on-going basis and are shared among fellows.
- *Debriefing and wrap-up sessions.* Periodical debriefing sessions and weekly wrap-up sessions allow for a more informal sharing of cultural and personal backgrounds as well as to discuss artistic issues and concerns emerged during lab hours or in the creation of group projects.

Educational Activities

- Artists and writers are introduced to the vibrant arts and cultural scene through a variety of specially planned field trips.